

The Frugal
CREDITNISTA



SMART GOALS

WORKSHEET

Today's Date: _____ Target Date: _____ Start Date: _____

Date Achieved: _____

Goal: _____

VERIFY THAT YOUR GOAL IS SMART

Measurable: How will you know when you have reached this goal?

Achievable: Is achieving this goal realistic with effort and commitment? Have you got the resources to achieve this goal? If not, how will you get them?

Relevant: Why is this goal significant to your life?

Timely: When will you achieve this goal?

This goal is important because:

The benefits of achieving this goal will be:

Take Action!

Potential Obstacles

Potential Solutions

Who are the people you will ask to help you?

Specific Action Steps: What steps need to be taken to get you to your goal?

This goal is important because:

The benefits of achieving this goal will be:

Take Action!

What?	Expected Completion Date	Completed
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