

b-Figure **CREDIT REPAIR** **CEO**

**Creating Your
CEO Mindset**

MODULE I

By Netiva Heard

Assignment 1: Who Am I Becoming?

When you think of the type of leader that you want to grow into, what characteristics will you represent?

Who are the leaders that you look up to and would like to model (list the leader and the specific traits you'd like to emulate about them)?

Who Am I Becoming

Re-read your "Who Am I Becoming" worksheet. How/Where do you see yourself already embodying these traits?

What areas could you go even further to develop your leadership?

How do you feel after completing this exercise?

Assignment 2:

Knowing Your Emotional Triggers

What are some scenarios and/or past incidents that have triggered you emotionally and have gotten in the way of your progression or success?

Trigger 1:

Trigger 2:

Trigger 3:

Knowing Your Emotional Triggers

Journal how you reacted or responded to these triggers

Knowing Your Emotional Triggers

What are you willing to do differently so that your emotions do not keep you from achieving the level of success you desire?

What are some ways you can ensure you are keeping your emotional responses in check moving forward?

Assignment 3:

Rewrite Your Self-Talk

List 5 of your greatest fears when it comes to building your business - be specific as possible: i.e. "I'm scared that people won't take me seriously because I am so new in my business".

Rewrite Your Self-Talk

Next, Create action steps to CRUSH your fears.

Example:

<u>Fear</u>	<u>Goal</u>	<u>Action Steps:</u>	<u>Time to Complete:</u>	<u>Environment</u>	<u>Help Needed</u>
I'm scared that people won't take me seriously because I am so new in my business	Gain knowledge in my business by reading trusted industry materials. I will feel more comfortable if I work on 10 clients to feel more experienced in the industry.	Take the credit training section of 6-Figure CEO as many times as possible until I feel I truly know it. Read over the FCRA.	Obtain my first 5 test clients 30-days after training ends.	Set aside 2 hours each week to educate myself	6-Figure C.R. CEO Be Engaged, Listen Actively, Ask questions during Q&A

Rewrite Your Self-Talk

<u>Fear</u>	<u>Goal</u>	<u>Action Steps:</u>	<u>Time to Complete:</u>	<u>Environment</u>	<u>Help Needed</u>

Rewrite Your Self-Talk

Look at your self-doubts and turn them into empowering statements of action.

Some of the attitudes and habits that I use to sabotage my success:

“I am a horrible procrastinator.”

Empowering Self-Talk Rewrite

“I choose to finish everything I start by taking small, imperfect steps!”

Action I am committed to doing to Stay in that Mindset

“I will each module of 6-Figure C.R. CEO within 1 day of receiving them and will rely on my accountability group to hold me to that!”

Rewrite Your Self-Talk

Some of the attitudes and habits that I use to sabotage my success	Empowering Sentence that alters my reality into positive momentum	Actions I am committed to doing to stay in that Mindset and Momentum

Commitment Letter

Sign this Commitment Letter. Remind yourself of how EPIC you are!

On this day _____, 20_____, I
_____ (name)

am committing to believe in myself, my goals, my dreams, my aspirations and working effortlessly to bring them to reality.

I know that I am worthy; I know that I am capable; I know that I am deserving.

What I do is important, and because of that, I am 100% committed. I am committed to my family, my community, and most importantly myself.

I have a CEO Mindset and am a thought leader in my industry.

I am 100% comfortable being imperfectly perfect. Even with my imperfections, I know that I am destined to make a powerful impact in this industry and beyond.

I am relentless in my pursuit of success - as only I can define it.

I will finish this course, do all of the assignments, contribute full out, and will support my fellow Credit Repair CEOs to push towards success. I will ask questions, actively engage, and will not allow fear to prevent me from reaching the ultimate level of momentum in my new business.

I am important. What I am doing is important. What I have to say is important. My future impact is important. I am a 6-Figure Credit Repair CEO!

Signed _____

Date _____

What Are Your Mental & Emotional Blocks?

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Creating Your CEO Mindset

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